

# The MONASHEE Dining Room

## Appetizers

Zucchini Sticks <i>served with ranch dip</i>	\$10	Nachos <i>choice of beef or chicken</i>	\$16
Potato Skins	\$10	<i>served with peppers, onion, tomato,</i>	
Chili Fries	\$11	<i>cheese, salsa &amp; sour cream</i>	

## Homemade Soup & Salads

Homemade Soup of the Day (bowl)	\$6.99
Chef's Salad <i>served with garlic toast ham, turkey, cheese, tomato, egg</i>	\$20.49
Taco Salad <i>served in a taco shell with beef or chicken, cheese, tomato, lettuce, corn, sour cream &amp; salsa</i>	\$20.49
Caesar Salad <i>served with garlic toast</i>	\$18.49
<i>add chicken or salmon or 2 chicken strips</i>	\$7.00

## Sandwiches & Wraps

All sandwiches & wraps served with soup, french fries or garden salad.

*Upgrade to Caesar Salad or Sweet Potato Fries for \$2.50; Upgrade to Poutine \$3.50*

Clubhouse	\$19.79	Vegetarian	\$17.99
Turkey Croissant	\$17.99	Crispy Chicken Caesar Wrap	\$19.79
BLT	\$17.99		

## Build your own Burger

All burgers served with soup, french fries or garden salad.

*Upgrade to Caesar Salad or Sweet Potato Fries for \$2.50; Upgrade to Poutine \$3.50*

Classic Burger <i>served with 3 Valley Sauce, Lettuce, Onion, Tomato &amp; Pickle</i>	\$18.49
Bacon Cheese Burger <i>served with 3 Valley Sauce, Lettuce, Onion, Tomato &amp; Pickle</i>	\$20.49
Grilled Chicken Burger <i>served with mayo Lettuce, Onion, Tomato &amp; Pickle</i>	\$20.49
Garden Burger <i>served with 3 Valley Sauce, Lettuce, Onion, Tomato &amp; Pickle</i>	\$19.49
Grilled Salmon Burger <i>served with mayo Lettuce, Onion, Tomato &amp; Pickle</i>	\$24.49

Add toppings for \$1.75 - mushrooms, bacon, cheese

Upgrade \$3 to a Gluten Free Bun

### 3 Valley Favourites

**Chicken Strips** *served with French fries or garden salad* \$21.79

**Fish and Chips** (2pc) *served with French fries or garden salad* \$21.79

Light Portion (1pc) \$18.79

**Quesadilla** *served with French fries or garden salad* \$19.79  
choice of Chicken or Vegetarian

**Beef Dip** *served with French fries or garden salad* \$19.79

### Dinner Features

*Served with vegetables and your choice of baked potato, mashed potato or rice pilaf*

**Breaded Liver & Onions** *served with bacon & fried onions* \$22.79

Light portion \$18.79

**Homemade Pot Roast Dinner** *served with Yorkshire Pudding* \$22.79

**Fettuccine** *served with your choice of Alfredo or Marinara sauce* \$19.79

*Topped with Parmesan cheese and garlic toast*

*add chicken or salmon* \$7.00

**Chicken Teriyaki Stir Fry on Rice** \$22.79

**Salmon** *grilled BC Coast Sockeye fillet 6oz* \$27.49

**New York Striploin** \$33.49

*8 oz. steak served with sauteed mushrooms & garlic toast*

### Sides

French fries \$6.99

Poutine \$10.49

Garden Salad \$6.39

Side of Gravy \$2.49


2 pc. Garlic Toast \$5.99

Caesar Salad \$7.99

Sweet Potato Fries \$8.99

Onion Rings \$8.99

## Desserts



Home Baked Pie	\$8.49
Add Vanilla ice cream	\$1.99
Chocolate Dreamin Cake ( <i>Gluten Free</i> )	\$9.70
Vanilla Ice Cream	\$4.99
Train Wreck – <i>chocolate chip cookie served with ice cream, whipping cream, chocolate &amp; caramel syrup with a cherry on top</i>	\$8.49
Dessert Special of the Week, ask your server for details	\$9.49

## Beverages

Coffee or Tea	\$3.99
Hot Chocolate	\$4.29
Iced Tea or Lemonade	\$3.99
Pop	\$3.99
Milk, <i>white or chocolate</i>	\$3.59 sm / \$4.29 lg

## From the Bar

Wine O'Clock Chardonnay or Cabernet	Glass - 6 ounce	\$8.99
	1/2 Litre	\$17.99
	Litre	\$24.99
Bar Stock (Rye, Scotch, Rum, Vodka, Gin)		\$8.99
Cocktails	Single 1 oz	\$9.49
	Double 2 oz	\$11.49
Beer [355ml]		\$8.99
Coolers [355ml]		\$8.99
Spanish Coffee – <i>Brandy, Tia Maria, &amp; Coffee</i>		\$9.49
Irish Coffee – <i>Irish Whiskey &amp; Coffee</i>		\$9.49
3 Valley Coffee – <i>Frangelico, Maple Liqueur, Salted Caramel &amp; Coffee</i>		\$9.49

Liquor Prices do not include taxes